

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: SCZ

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Bogaerts Michel

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 4: 50M FREESTYLE MEN				Heat:5, starttime: 09:40
Heat: 5/8 Lane : 5 Athlete: MEES RUBEN				Q-time: 00:23:78
PB (25m pool): 23.78 Gent 9 Nov 2024				PB (50m pool): 23.78 SB:
PB	2 5 M	5 0 M		
		23.78		
	23.78			
				

Coach feedback:

Event number: 4: 50M FREESTYLE MEN				Heat:8, starttime: 09:45
Heat: 8/8 Lane : 1 Athlete: MEES BRENT				Q-time: 00:23:49
PB (25m pool): 23.49 Leuven 12 Oct 2025				PB (50m pool): 24.26 SB:
PB	2 5 M	5 0 M		
		23.49		
	23.49			
				

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN							Heat:3, starttime: 10:25	
Heat: 3/4 Lane : 5 Athlete: WARNON KERVENS							Q-time: 02:02:15	
PB (25m pool): 2:02.15 Zaventem 15 Jul 2025				PB (50m pool): 2:08.88 SB:				
PB	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
		28.71		59.47				2:02.15
	28.71		30.76				1:02.68	
								

Coach feedback:

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Event number: 10: 100M BUTTERFLY MEN					Heat:5, starttime: 10:50
Heat: 5/6 Lane : 3 Athlete: MEES RUBEN					Q-time: 00:55:19
PB (25m pool): 55.19 Leuven 11 Oct 2025					PB (50m pool): 56.26 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		25.55		55.19	
	25.55		29.64		
					

Coach feedback: